

***Delaware Health Resources Board
Dover Behavioral Health Review Committee Meeting
Monday, February 12, 2018 9:00 AM
Thomas Collins Building
540 South Dupont Highway Dover, DE 19901
DDDS Conference Room 106***

Review Committee Members Present:

Yrene Waldron, Julia O'Hanlon and Ted Becker.

Staff Present:

Latoya Wright and Joanna Suder.

Call to Order and Welcome

The meeting of the Review Committee for Dover Behavioral Health System (Dover Behavioral) was called to order at 9:05 a.m.

January 29, 2018 Meeting Minutes

The Review Committee reviewed the meeting minutes. Ted Becker made a motion to approve the minutes. Yrene Waldron seconded the motion; there was a voice vote. Motion carried.

Follow up Questions/Responses

The Review Committee reviewed the follow up questions and responses submitted to Dover Behavioral from the last meeting. The questions were as follows:

- Explain how you calculate Dover Behavioral Health's 98% capacity. Is this due to the lack of staffing, lack of access to beds, or other reason?
- Please explain the current referral process. Do the patients have to go to an acute care hospital first or can they be admitted directly to Dover Behavioral Health?
- The application states since 2010, the number of employees needed to operate has grown from 150 to 260, and from three attending psychiatrists to six as of December 31, 2016, was this for Dover Behavioral Health or both UHS facilities in Delaware?
- On Schedule 6 Bed Use Data, Psych table, please explain the correlation between the occupancy rate and the average length of stay for each year.
- On Schedule 4, please explain the changes in dollar amounts from 2015 to 2016 and year 1 of project operation for the following items
 - Indigent Care
 - Direct Patient Care
 - Maintenance
 - Management Fee
- Are the rooms already constructed? If so, why are there projected costs for the proposal?
- What transportation services does Dover Behavioral Health utilize for transporting patients?

Review Considerations

The Review Committee reviewed the following criteria for the proposal to determine whether the application meets or does not meet each criterion.

It was stated that the Review Committee unanimously agreed at the last Review Committee Meeting on January 29 that the application met criteria II, III, IV and VII. Criterion I, V and VI would be reviewed at this meeting when the additional follow up responses were received.

Criterion I: The relationship of the proposal to the Health Resources Management Plan (HRMP)
The Review Committee agrees the application supports the need for additional behavioral health services.

The Review Committee agrees the application meets criterion I.

Criterion V: The immediate and long-term viability of the proposal in terms of the applicant's access to financial, management and other necessary resources.

It was stated this criterion included information provided by Dover Behavioral regarding the increase in staff from 150 to 260.

The Review Committee agreed that Dover Behavioral has the financial and necessary resources.

The Review Committee agrees the application meets criterion V.

Criterion VI: The anticipated effect of the proposal on the costs of and charges for health care.

Dover Behavioral provided additional information relative to the following items on Schedule 4:

- Indigent Care: Dover Behavioral Health System is committed to the care of the indigent population (uninsured). The decrease in indigent care from 2015 to 2016 is indicative of more people having insurance as made possible by the Affordable Care Act. In addition, Delaware became a Medicaid expansion state that has afforded thousands of individuals previously uninsured to have access to healthcare in particular behavioral health.
- Direct Patient Care: This line item is primarily made up of the costs for . psychiatrists, pharmacy operations, and laboratory tests for patients, and translation services for patients needing interpreters. These costs held steady from 2015 to 2016 as did the In-Patient census. The time span from 2016 to Year 1 is a two-year period, being that the application was completed in October of 2017. The increase in costs from 2016 to Year 1 is due to a 19.2% increase in . census and approximately 7% annual inflation for these costs.
- Maintenance: The baseline for these costs is about \$135,000/year. Additional costs are incurred in most years to address constantly evolving ligature-resistant standards and other related regulatory changes. These updates/upgrades are necessary to maintain safety in the facility. The costs in 2015 were lower than most years due to few changes in safety standards in that year.

- **Management Fee:** This is a charge allocated from the parent company, Universal Health Services (UHS). Since UHS owns and operates many acute care and behavioral health facilities located in multiple states, certain services that are necessary for the operations of its facilities are provided for on a centralized basis to minimize the cost of such services. As the Dover facility has grown, the cost allocation has increased.

The Review Committee agrees the application meets criterion VI.

Action

The Review Committee voted to recommend approval of Dover Behavioral's CPR application to expand their facility by 16 beds.

Next Steps

The Review Committee will provide their recommendation to the Board at the February 15th HRB meeting.

Adjourn

The meeting adjourned at 9:27 a.m.

Guests Attended

Jean-Charles Constant

William J. Peters

Julie Saville

Dover Behavioral Health

Dover Behavioral Health

MeadowWood Behavioral Health